

# East Providence Police Department

Presents

## **WOMEN R.A.D. for (Rape Aggression Defense Systems, Inc.)**

**R.A.D. is a contemporary basic self-defense course for WOMEN ONLY. Rape Aggression Defense Systems, Inc. and East Providence Police Officers trained in this program attempt to provide attendees with information, tactics and considerations, which we believe may be useful to various types of abductive encounters perpetrated against women. Even though your husbands, domestic partners and intimate partners want to protect you from harm and keep you safe, they are not able to be there every hour of the day. The fact is, there is one person who will definitely be there in your time of need...that is YOU. ***YOU ARE YOUR OWN BEST DEFENSE.*****

**The R.A.D. Program is a series of six, 3 hour classes, given twice a week for three weeks. Our R.A.D. Program will begin Tuesday, Jan. 25, 2011. Any questions, please contact Officer Tammy David or Detective Maari Stainer at (401)435-7600.**

### **R.A.D. Class Schedule**

**Tuesday – 01/25/11 (6pm-9pm)      Thursday – 01/27/11 (6pm-9pm)**

**Tuesday – 02/01/11 (6pm-9pm)      Thursday – 02/03/11 (6pm-9pm)**

**Tuesday – 02/08/11 (6pm-9pm)      Thursday – 02/10/11 (6pm-9pm)**

*\*(Classes held at East Providence Senior Center)*

**Pre-register at the East Providence Police Department, 750 Waterman Ave. A one time \$20.00 fee is necessary to reserve a slot in this class. Space is limited. Grab a family member or friend and attend...***YOU ARE WORTH IT!*****