

EAST PROVIDENCE PREVENTION COALITION



Local Resource for Substance Abuse Prevention
For the East Providence Community

www.epprevention.org

2008

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Who We Are

The East Providence Prevention Coalition acts as a catalyst and enabling system, pulling together a variety of public and private sectors voluntarily, to assist in the development of proactive substance abuse and violence prevention efforts and strategies such as educational programs, alternative youth programs, legislative and environmental change.

East Providence Prevention Coalition

What We Do At The East Providence

Prevention Coalition:

Strategic Prevention Framework:

“TOWNIES PUTTING THE BRAKES ON UNDERAGE DRINKING CAMPAIGN”

East Providence was 1 of 14 communities chosen to receive a Strategic Prevention Framework State Incentive Grant based upon need. After a 6-month needs assessment, we decided to focus our efforts on reducing youth retail & social access to alcohol through:

- Educating alcohol retailers, community organizers & the EP community about state laws, local ordinances & policies pertaining to youth alcohol access.
- Increased enforcement through compliance checks, party patrols & a potential tip-line.
- Working with stakeholders to reduce youth access through local ordinances and tightening up local policies.

Drug Intervention Community Educators (DICE): Youth branch of our Coalition.

Youth Leadership, community service, peer education, mentoring & focus on substance free lifestyles. Open enrollment to all 7th to 12th graders. Meetings year round, every Wednesday 6pm to 8pm, 3rd floor City Hall.

Drug Free Rally: We collaborate with local elementary schools to affirm students drug-free pledges & celebrate substance free lifestyles.

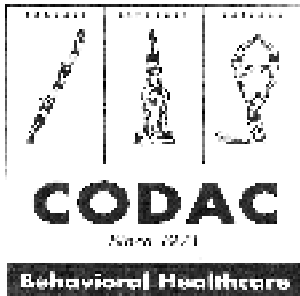
Life of An Athlete Program: We are teaming up to provide this direct prevention program which addresses substance abuse problems that face today's high school athletes.

Outreach: We present information and provide activities at football games, festivals & community events.

Post Prom Party: We provide assistance in planning & implementing a substance-free party for high school seniors.

Violence Prevention: Educating city youth about the dangers of violence and bullying through multifaceted programming at local middle and elementary schools.

Resources



CODAC Behavioral Healthcare

CODAC, a non-profit organization, has offered treatment, educational and prevention services. CODAC's goal is to help people lead a more productive, healthy life by learning to respond effectively to their own needs and the needs of the people they care for without the use of alcohol and other drugs, and free of violence. Central to the success of CODAC has been the planning and development of programs throughout the State to meet the ever-changing needs of people who are experiencing difficulties in their life.

Counseling Services

Counseling for alcohol/drug-related problems; significant others and family members affected by the substance abuse of someone they care about; ACOA issues; DWI and other legally-mandated counseling, including referrals from TASC, Probation, Parole, Family Court; evaluations required by DCYF, RIEAP, employers or others.

Student Assistance Counselors are on-site in various schools throughout the State of Rhode Island to provide help to students who are facing challenges from the many pressures of society today.

Parenting Program for DCYF-involves parents and incarcerated women and men.

COSA - Children of Substance Abusers Program and activities.

Opioid Treatment Program

Effective Treatment for Opioid Addiction. In addition to providing treatment that is medically safe and effective, and relatively inexpensive, methadone maintenance treatment programs have other benefits: Providing Medical Services, Providing Rehabilitation, Training and Employment, Making Neighborhoods Safer.

Behavioral Health Services

CODAC offers behavioral health assessment and counseling services to individuals who are struggling to cope with life issues and to patients who have concurring mental health and substance abuse problems. CODAC's mental health counselors are independently licensed and accept all major insurance coverage.

CODAC Behavioral Healthcare East Bay

Phone: 434-4999

Email: codac4@codacinc.org

Website

www.codacinc.org

Resources



East Bay Community Action Programs (EBCAP)

The services provided by EBCAP include: Head Start and Early Head Start services; family health and dental services; family development case management services including social service information and referral and basic human needs; youth programs; the East Bay Coalition for the Homeless; Heating and Energy Services; the Women, Infants and Children Supplemental Feeding and Nutrition Program (WIC); and senior services including case management, senior employment, the Retired Senior Volunteer Program (RSVP), Foster Grandparents and the Ocean State Senior Dining Program (meals in a social setting).

East Bay Coalition for the Homeless

East Bay Coalition for the Homeless housing program provides apartments for homeless families with children combined with case management and supportive services. Length of stay depends upon each family's needs and is also determined by compliance to program criteria. This transitional housing program provides shelter for a maximum of 24 months. The East Bay Coalition for the Homeless has 12 apartments in the East Bay area. They are located in East Providence, Warren and Bristol. Rhode Island residents who meet the homeless criteria are eligible to apply.

Head Start

Head Start offers a part day (9AM-1PM), part year option for preschoolers aged 3-5, and a full day, year round option for infants, toddlers and preschoolers to accommodate working parents. A home based program provides weekly home visits and regularly scheduled socialization opportunities for pregnant women and families with infants and toddlers.

Health Services

The Community Health Centers provide affordable health care to Newport County, Bristol County and East Providence residents. Services offered include: family medicine, pregnancy testing, immunizations, care for acute illness, health screenings and general community education and referrals.

East Bay Community Action

Phone: 437-1000

Email: susan.schenck@ebcap.org

Website

www.ebcap.org

Resources

East Bay Community Action Programs (Continued)

Heating and Energy Programs

The heating and energy office administers the Low Income Home Energy Assistance Program (LIHEAP) for the East Bay area with federal funding earmarked for the state of Rhode Island. LIHEAP is designed to help low-income clients meet the ever-increasing cost of home energy. Payments are made directly to vendors who then credit the client's account for the amount specified. Eligible clients also qualify for a reduced electric rate as well as a discount on the client's telephone bill.

The Heating and Energy office also administers the Weatherization Assistance Program (WAP). This is a program designed to reduce the amount of heating fuel consumed by the household by taking measures to insulate the home against the cold. A complete energy audit is performed, using the latest technology in determining which measures are the most cost effective. A work order is then given to a licensed weatherization contractor who performs all measures required by the agency's auditor. Statistically, a 20-40% savings in home heating fuel is realized by the client after the home has been weatherized. This program is able to replace boilers/furnaces for income eligible households whose heating plants have failed and are beyond repair.

The Appliance Management Program (AMP), funded by National Grid and also administered by the Heating and Energy office, provides a comprehensive electrical audit on the home. This program provides education on electric conservation to the client along with compact fluorescent light bulbs, timers, refrigerator brushes,

The East Bay Retired and Senior Volunteer Program (RSVP)

A program for individuals 55 years and older who want to contribute their time and energy to impact and improve conditions in the community. Over 750 volunteers make a positive difference in the lives of their neighbors, while meeting friends and developing new interests and skills at 150 sites from East Providence to Newport. RSVP volunteers must be 55 years of age or older.

Members of the Foster Grandparent Program (FGP)

Help children develop the skills, confidence, and strength to succeed in life. Foster Grandparents make their neighborhoods stronger by helping children with special needs and providing much needed attention that can change lives. FGP's assist in schools, Head Start sites and day care centers throughout the East Bay. People serving as FGP's must be 60 years or older and income eligible.

Resources

East Bay Community Action Programs (Continued)

Senior Services

The family advocates provide community-based case management and assess, implement and maintain a care plan according to the client's needs and choices in compliance with The Department of Elderly Affairs Home and Community Care Program. The goal is to provide the choice between nursing home and independent living with the implementation of services in the home to enable the client to remain independent and safe. This also includes the choice of assisted living on a special waiver program. Family advocates also assess for interventions for the State of RI Protective Services, Early Intervention and Self-Neglect Programs. These interventions attempted with the most resistive clients who are not looking for change could include the above home care management, but more often will include bringing food, coordinating a major house cleaning, a physician's visit, a hospitalization, facilitating a family conference or a mental health or local police department intervention.

In addition, EBCAP's RN/Family advocate provides ongoing support for clients that have issues surrounding the caregiver, providing both individual and group supports.

Eligibility Requirements-Program eligibility is 65 years of age or older. Other program requirements vary.

Ocean State Senior Dining Program

The Ocean State Senior Dining Program makes hot, nutritious meals available Monday through Friday to persons 60 years of age and older and/or handicapped persons. Dining sites are located in East Providence, Barrington, Warren, Bristol, Tiverton, Portsmouth, Middletown, Newport and Little Compton. Meals are served in the dining rooms, providing a social setting for mealtime and senior activities. A donation of \$3.00 is suggested, but not required.

For a list of dining sites, please call Senior Services at (401) 437-0006, x110 or x121.

WIC

WIC is a free nutrition education program that provides healthy food and nutrition advice to pregnant/breastfeeding/postpartum women, infants and children under the age of 5. WIC gives checks to buy healthy foods at local supermarkets and nutrition counseling for families who qualify. WIC also provides breastfeeding advice and support for pregnant women and new moms. Fathers, grandparents and foster parents can also apply for WIC benefits for the children in their care.

Resources

East Bay Community Action Programs (Continued)

Adolescent Self Sufficiency Collaborative

ASSC is a program for pregnant or parenting teens from the ages of 12-20 years old. It is a case management program to support education and good health outcomes for the teen and baby. Referrals are made to programs from East Providence and Barrington High Schools, Women and Infants Hospital, the Department of Children, Youth and Families and the Department of Human Service. Child care referrals, mental health referrals, and educational planning are part of the supportive services offered by ASSC. The goal of the program is to enhance and teach skills leading to self reliance for the client. Any young lady may be referred to ASSC; there are no income guidelines to be met. The program serves East Providence and Barrington residents.

Youth Centers

EBCAP Youth Centers are part of a state-wide network of Youth Centers that have developed and implemented new approaches to resolving issues surrounding the preparation of youth for productive work. EBCAP Youth Centers serve all in-school and out-of-school youth, ages 14 to 24, who are U.S. citizens or legal residents of the U.S. and reside in the East Bay.

The Youth Center in East Providence is located at the:

Boys & Girls Club of East Providence

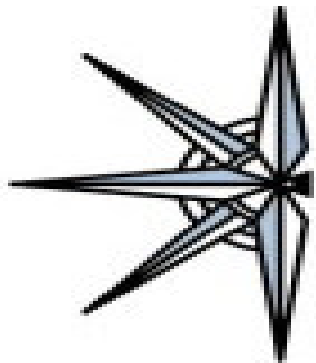
115 Williams Avenue

East Providence, RI 02914

Phone: 401-383-0366

The Youth Center serves as a hub, a one stop system focusing on education and employment that will integrate a network of services provided by local community organizations, agencies, educational institutions and employers to benefit East Bay youth. Comprehensive services will be offered including outreach, orientation /intake, academic and vocational assessment, academic skills, summer employment opportunities, leadership development, work readiness, occupational skills training, connecting to employers, adult mentoring, social support, and follow-up.

Resources



East Bay Center (EBC)

The Mission of East Bay Center, formerly known as East Bay Mental Health Center, Inc is to improve the lives of individuals and families within the communities by providing a broad range of high-quality mental health and addiction services.

EBC believes that behavioral healthcare services help individuals and families to maximize their coping skills and strengths in dealing with acute and/or chronic psychiatric and addiction problems. Their goal is to support clients' independence and interdependence by helping them minimize symptoms and improve their communication and relationship skills.

Adult Services Division

MENTAL HEALTH COUNSELING

East Bay Center offers individual, family and group counseling to adults in a skillful and compassionate manner within an atmosphere of mutual respect. EBC's clinicians collaborate with clients and their families to develop individual treatment plans. The primary goal of outpatient counseling is to provide short-term therapy that fosters recovery.

ADDICTION SERVICES

East Bay Center offers office-based individual, group, family therapy, psycho-education, and medication assessment and monitoring to individuals struggling with addiction or substance abuse. As a comprehensive educational resource for information about alcohol and other drugs, East Bay Center provides positive alternatives to East Bay residents with the goal of building health communities, resilient individuals and strong families.

ELDER SERVICES

Elder Services staff respond with compassion, dignity and respect, to homebound East Bay older adults (age 60 and over) in need of mental health services by providing advocacy, problem solving, resource brokerage/linkage, stabilization, psychopharmacology and support. The Elder Services staff work closely with other providers of senior services to ensure the safety and security of older adults living independently within the community. East Bay Center also works diligently to involve family members and primary caretakers in the treatment planning process.

VOCATIONAL SERVICES

East Bay Center offers an array of vocational services to clients who seek assistance in achieving their career and educational goals.

East Bay Center

24 Hour Emergency: 401-246-0700

Adams-Farley Counseling Center:401-431-9870

Website

www.eastbay.org

Resources

East Bay Center (Continued)

Community Support Programs

COMMUNITY TREATMENT TEAMS

The multi-disciplinary community treatment teams provide comprehensive, clinical and specialized services that enhance the self-determination and independence of individuals with chronic mental illness. East Bay Centers integrated community treatment teams, offer a holistic approach toward recovery by addressing, on an individual basis, each client's psychiatric, medical, vocational, educational, social/family, basic living and spiritual needs.

MOBILE TREATMENT TEAM

For those clients requiring a greater intensity of services, the mobile treatment team provides intensive, community-based services which assist individuals with severe and persistent mental illness to achieve optimal stability and personal growth within the community.

CLINICAL SERVICES (MENTAL HEALTH & SUBSTANCE ABUSE)

East Bay Center offers individual, couple, group, addiction, and family therapy, utilizing a cognitive-behavioral and supportive approach. East Bay Center educates its clients about their illness and provides them with the support they need to manage their symptoms and achieve their goals of recovery and personal growth.

RESIDENTIAL REHABILITATION SERVICES

The Residential Program offers a transitional placement focused on rehabilitation, recovery and future discharge to a less intensive level of care. The Residential Program strives to create an environment which provides opportunities to succeed. Individualized treatment fosters self-determination and independence which are key to assisting individuals toward increased quality of life and recovery.

MEDICATION MAINTENANCE AND MONITORING

Medication maintenance, monitoring, and education are offered to all clients who suffer from a mental illness. The medical staff uses the safest medications available to stabilize symptoms while minimizing the risk of side effects.

VOCATIONAL AND COMMUNITY REHABILITATION SERVICES

Through the Community Support Program, East Bay Center helps its clients to find meaningful employment. Employment Specialists assist clients with writing resumes, completing job applications, improving their interviewing skills, and will offer job coaching, when appropriate. They also find funding sources to assist client's educational and business goals.

Because recovery is manifested through meaningful daily activities, the Community Support staff encourages clients, on an individualized basis, to develop and maintain activities and relationships within the community.

CONSUMER BENEFIT AND FINANCE SERVICES

Through individual financial counseling and group workshops, East Bay Center provides education and assistance to their Community Support Clients to assist in improving their financial stability and managing their finances more independently.

Resources

East Bay Center (Continued)

Youth & Family Services

CHILD AND ADOLESCENT INTENSIVE TREATMENT SERVICES (CAITS)

CAITS is a short term, Ritecare/Medicaid funded, family-focused program providing psychiatric, clinical and case management services for children with severe emotional and behavioral disorders. The program also offers an array of community resources and services to at-risk children and their families. Goals are realized through effective collaboration and planning with families, schools, and other community resources.

CHILD AND FAMILY INTENSIVE TREATMENT PROGRAM (CFIT)

CFIT is short-term, up to 10 weeks, intensive family-focused treatment for children who have Blue Cross or United Health insurance. Families receive 6 hours a week of family, group and individual therapy. They are also evaluated by the child psychiatrist. There is collaboration with schools and other providers and linkages to other community resources.

ADOLESCENT ADDICTION SERVICES

When drug and alcohol problems begin to affect daily life, the adolescent outpatient intervention and prevention programs are designed to help overcome addictive behavior and to promote strategies for recovery. East Bay Center offers office-based individual and family therapy to adolescents struggling with addiction. They also serve as a comprehensive community resource for information about alcohol and other drugs and offer educational programs that provide positive alternatives to East Bay residents with the goal of building resilient youth, healthy individuals and strong families.

Emergency & Liaison Services

EMERGENCY CRISIS INTERVENTION SERVICES (ECIS)

The focus of the ECIS team is to quickly and competently assess an individual's emergency situation, and to creatively work with the client to minimize the stressors in his/her life. The team works in close collaboration with area hospitals to develop appropriate discharge criteria and after-care for clients who have been hospitalized for a psychiatric emergency. The ECIS team tailors the needs of the individual to the wide range of clinical services available at East Bay Center. This step-by-step process allows clients to obtain the most appropriate services in the least restrictive environment possible. ECIS services are available 24 hours per day, 7 days per week.

BEHAVIORAL HEALTH RESPONSE TEAM

The Behavioral Health Response Team provides disaster response 24 hours a day. The response primarily is focused on the East Bay Region but will respond state wide to other emergencies if necessary. This team provides a compassionate presence, support and debriefing to first responders and/or anyone who is immediately affected by a disaster. The team is dispatched by its leader, a member of the Emergency Services Department; they are dispatched in four hour increments of time. Generally, the Red Cross takes the lead in responding to disasters and will contact the team leader to give East Bay Center direction on where, when, and how long the response is needed.



Community

BVCAP

Assists low income people and empowers them to become self reliant, responsible citizens.

Phone: 723-4520

Website: www.bvcap.org

Bradley Hospital

Provides a range of family-focused, high quality mental health care to infants, children, adolescents and young adults with emotional disorders and/or developmental disabilities.

Phone: 432-1000

Website: www.lifespan.org/bradley

East Providence Fire Department

911

Phone: 435-7600

Website: www.eastprovidenceri.net

East Providence Housing Authority

Apartments and Section 8 in and around East Providence, RI.

Phone: 434-7645

East Providence Police Department

911

Phone: 435-7600

Website: www.eastprovidenceri.net

East Providence Senior Center

Variety of services available to East Providence senior population.

Phone: 435-7800

Website: www.eastprovidenceri.net

Riverside Family Center

“After-school With the Arts” program– targeting youth aged 5-12. Arts Enrichment science-based model program, licensed through DHS.

Phone: 433-2882

NOT HERE?

PLEASE CONTACT THE EPPC TO
HAVE YOUR ORGANIZATION
ADDED TO OUR NEXT PRINTING



Youth

Big Brothers of Rhode Island

Mentoring and role models for young men.

Phone: 401-432-9955

Website: www.bigbrothersri.org

Big Sisters of Rhode Island

Mentoring and role models for young women.

Phone: 401-921-2434

Website: www.bigsistersri.org

Boy Scouts of America

Prepares boys to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

Phone: 401-351-8700

Website: www.narragansettbsa.org

DICE

Youth Leadership, community service, peer education & focus on substance free lifestyles. Open enrollment to all 7th to 12th graders.

Contact: Lindsay Simmons or Nick Pfeiler

Phone: 401-435-1923

Website: www.epprevention.org

East Providence Boys & Girls Club

Youth activities, daycare, and camping for 6 to 18 year olds.

Phone: 401-434-6776

Website: www.epbgc.org

East Providence Libraries

Youth programming, internet access, and variety of events offered at various locations.

Phone: Weaver 401-434-2453, Fuller 434-1136, Riverside 433-4877, Rumford 434-8559

Website: www.eastprovidencelibrary.org

East Providence Recreation Department

Activities/program for pre-school, youth, adults, seniors and special needs. Programming changes each season. Visit website for more information.

Phone: Recreation Center 433-6360

Website: www.epprecreation.com

Girl Scouts of America

Builds girls of courage, confidence and character to make the world a better place.

Phone: 800-331-0149

Website: www.gsri.org

Help Lines

Alcoholics Anonymous
Support Group

438-8860

www.rhodeisland-aa.org

Free 24 hour Confidential
Drug & Alcohol Helpline

1-866-ALC-DRUG

Cocaine Anonymous
Support Group

800-347-8998

Division of Behavioral
Healthcare Services
Treatment Options

462-4680

www.mhrh.ri.gov

Rhode Island Coalition
Against Domestic Violence

800-494-8100

Gamblers Anonymous
Support Group

401-866-6820

800-522-4700

Narcotics Anonymous
Support Group

246-0700

www.gpana.org

211

The fastest and easiest way to get information when you need it. *24 hours a day, 7 days a week.* One call gives you access to resources across your community, whether you need to get help - for you, for a family member or for a friend.

EAST PROVIDENCE ALCOHOL STATISTICS

20% of East Providence High school students report having 6 or more drinks in the past 30 days.

7% of East Providence High school students report having 20 or more drinks in the past 30 days.

41% is the average of East Providence establishments that have sold alcohol to minors in, over the past six years according to the Alcohol Purchase Surveys/ Data.

13% of 9th-12th grade students in East Providence High School reported there is NO harm/ risk in using alcohol.

36% of 9th-12th graders in East Providence High School reported their peers **WOULDN'T CARE** if they used alcohol.



FACT: According to the American Athletic Institute, nationally, 86.2% of youth report having used alcohol by the 12th grade.

East Providence Demographics

- ❖ 10,546 children living in East Providence (2000)
- ❖ 11.9% of males are between the ages of 15-34
- ❖ 89.2% White, 6.9% African American, 5.3% Some Other Race, 4% Two or More Races
- ❖ About 30% of the population is Portuguese (15,006 people)- sub population
- ❖ **23.8%** speak a language other than English at home (5 yrs and older)
- ❖ 1990- 8.7% of children living in families below the federal poverty threshold (RI 13.5%)
- ❖ 2000- 10.7% of children living in families below the federal poverty threshold (RI 16.5%)
- ❖ EP Median Household Income: \$40,453 (1990); **\$39,108** (2000)
- ❖ RI Median Household Income: \$41,985 (1990); \$42,090 (2000)
- ❖ 1990- 18% of children living in single-parent families (RI 22%)
- ❖ 2000- **29%** of children living in single-parent families (RI 30%)

EAST PROVIDENCE PREVENTION COALITION



Caring For Our Community

- Education
- Legislative Change
- Community Advocacy
- Youth Programming

East Providence City Hall
3rd Floor, Room 304
145 Taunton Avenue
East Providence, RI 02914

Phone: 401-435-1923
Fax: 401-438-1920
www.epprevention.org

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